



## NEWS RELEASE

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### **Ingleside at Rock Creek Awarded Five-Year CARF-CCAC Accreditation**

*Washington, D.C. Senior Living Community is Third in Ingleside Family to Earn Prestigious Industry Recognition*

**Washington, D.C.** – [Ingleside at Rock Creek](#), a premier senior living community located in Washington, D.C., and one of three not-for-profit Ingleside communities in the D.C. metropolitan area, has earned a prestigious five-year CARF-CCAC Accreditation. Ingleside at Rock Creek is the third of the three Ingleside communities to receive this accreditation.

This honor represents the highest level of accreditation that can be awarded to an organization in the industry and shows Ingleside at Rock Creek's substantial implementations of the CARF-CCAC standards. Ingleside at Rock Creek went through a rigorous peer-review process and demonstrated their commitment to being leaders in their field to a team of surveyors during a three-day, on-site visit. The community had to meet more than 1,000 standards of excellence in order to be awarded the accreditation.

"The CARF accreditation is a tribute to the achievements of the Ingleside at Rock Creek team," said Martí Villarreal, president of the Ingleside at Rock Creek Residents Council. "Of approximately 1,900 continuing care retirement communities in the U.S., only about 300 or 16 percent fully meet the CARF-CCAC standards."

Ingleside at Rock Creek's sister communities, Ingleside at King Farm and Westminster at Lake Ridge, received their CARF-CCAC Accreditations in early 2014 and October 2015, respectively.

The Health Services Centers at all three communities have also earned a five-star rating from Medicare—the highest possible ranking. Communities that are awarded a five-star rating are considered to be much above average in the quality of services they offer. A five-star rating also indicates that a community is in the top 10 percent of health care centers in the state in which it is located.

The Continuing Care Accreditation Commission (CCAC) was founded in 1985 as the nation's only accrediting body for continuing care retirement communities and similar organizations. In 2003, CCAC merged with the Commission on Accreditation of Rehabilitation Facilities (CARF), a nonprofit accreditor founded in 1966 that serves a wide range of human service organizations. Additional details about the accreditation can be found at

<http://www.carf.org/Accreditation/>.

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### **About Ingleside at Rock Creek**

Ingleside at Rock Creek is a senior living community located in Washington, D.C., and is a member of the Ingleside family of communities. The not-for-profit continuing care retirement community provides residents independent living, assisted living, skilled nursing and rehabilitation services. Residents can engage in a wide variety of wellness and lifelong learning opportunities and access a broad range of services and amenities. Ingleside at Rock Creek is known for its support of local arts initiatives and resident life enrichment programs. For more information, visit [www.ircdc.org](http://www.ircdc.org). Follow Ingleside on Facebook [here](#).