

Frank Beech Named Executive Director at Ingleside at Rock Creek in D.C.

Senior Housing Executive Brings 17 years of Nursing Home Experience to Life Plan Community

WASHINGTON – Ingleside, a premier provider of comprehensive senior living services in the Washington, D.C. metropolitan area, has named Frank Beech as the new executive director at Ingleside at Rock Creek. An upscale life plan community located in northwest Washington, D.C., Ingleside at Rock Creek is one of the three not-for-profit communities operated by Ingleside.

Before joining Ingleside, Beech served as executive director for seven years at Dunwoody Village where he was responsible for the strategic management of all medical and facilities operations. This consisted of over 300 employees and 10 departments with an annual operating budget of \$20 million. He also has experience serving as an administrator for Audubon Villa, The Middletown Home, and Waverly Heights.

“Frank joins Ingleside at Rock Creek at an exciting time, with the upcoming addition of Creekside with the Center for Healthy Living scheduled for completion in 2019/2020,” said Vice President of Operations Christine Podles. “Our search committee, comprised of residents and staff, unanimously selected him, speaking highly to the confidence we have in Frank leading our community.”

Beech is an honorably discharged Veteran with over nine years of experience serving in the United States Air Force. He holds a master’s degree from Saint Joseph’s University in organizational development and leadership and a bachelor’s degree from Temple University. His current certifications include Facilities Management Professional, Senior Certified Professional in Human Resources, Healthcare Compliance, Certified Compliance, Ethics Professional, a Nursing Home Administrator license and Personal Care/Assisted Living Operator qualification.

About Ingleside at Rock Creek

Ingleside at Rock Creek is a senior living community located in Washington, D.C., and is a member of the Ingleside family of communities. The CARF-accredited, not-for-profit life plan community provides residents independent living, assisted living, skilled nursing, memory care and rehabilitation services. Residents can engage in a wide variety of wellness and lifelong learning opportunities and access a broad range of services and amenities. Ingleside at Rock Creek is known for its support of local arts initiatives and resident life enrichment programs. For more information, visit www.ircdc.org. Follow Ingleside at Rock Creek on Facebook [here](#).