



## Brian Tenney Earns Health Services Executive Qualification

*Westminster at Lake Ridge Senior Leader Recognized by NAB*

**LAKE RIDGE, Va.** – Brian Tenney, executive director at [Westminster at Lake Ridge](#), one of three not-for-profit Ingleside communities for older adults in the Washington, D.C. metropolitan area, officially earned his Health Services Executive™ qualification. Granted by the National Association of Long-Term Care Administrator Boards (NAB), Tenney is the second Ingleside senior leader to achieve the HSE qualification.

“Brian’s commitment to excellence and ability to contribute innovative ideas prove his dedication to the highest standard of care at Westminster at Lake Ridge for all its residents,” said Ingleside VP of Operations Christine Podles, MA, HSE, LNHA.

Tenney has over 20 years of experience in serving older adults. He previously was the executive director of a not-for-profit continuing care retirement community in Williamsburg, VA. He also was an Administrator and Regional Vice President of Operations for multiple post-acute care facilities.

The HSE qualification recognizes a common core and unique entry level competencies by line of service. This is awarded to long-term care professionals who demonstrated through a combination of education, experience and examination the competencies to meet licensure requirements in all lines of service including Nursing Home Administrator (NHA), Residential Care and Assisted Living Administrator (RCAL) and Home and Community-based Services (HCBS).

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### About Westminster at Lake Ridge

Westminster at Lake Ridge is an older adult living community located near the historic Town of Occoquan, Va. and is a member of the Ingleside family of communities. The CARF-accredited, not-for-profit life plan community earned a 5-Star Rating by the Centers for Medicare and Medicaid Services (CMS) and provides residents independent living, assisted living, skilled nursing, respite services and rehabilitation services. Residents can engage in a wide variety of wellness and lifelong learning opportunities and access a broad range of services and amenities. Voted best rehab in 2018 by InsideNoVa, Westminster at Lake Ridge is 30 minutes from Washington D.C. and is nestled in a beautiful, wooded campus environment, featuring two ponds, gardens and trails to the Occoquan River. For more information, visit [www.wlrva.org](http://www.wlrva.org).